

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Mannelly Matthew</u> (Last) (First) (Middle) 660 WHITE PLAINS RD., SUITE 205 (Street) TARRYTOWN NY 10591 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>Prestige Brands Holdings, Inc. [PBH]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>President and CEO</u>
	3. Date of Earliest Transaction (Month/Day/Year) 12/12/2012	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock, par value \$0.01 per share	12/12/2012		G	V	69,424	D	\$0	119,109	D	
Common Stock, par value \$0.01 per share	12/12/2012		G	V	69,424	A	\$0	69,424	I	By spouse
Common Stock, par value \$0.01 per share	12/13/2012		G	V	69,424	D	\$0	0	I	By spouse
Common Stock, par value \$0.01 per share	12/13/2012		G	V	69,424	A	\$0	69,424	I	By trust ⁽¹⁾
Common Stock, par value \$0.01 per share	12/12/2012		G	V	500	D	\$0	118,609	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee stock option (right to buy)	\$7.16	12/12/2012		G	V		75,000	(2)	09/02/2009	Common Stock	75,000	\$0	450,000	D	
Employee stock option (right to buy)	\$7.16	12/12/2012		G	V	75,000		(2)	09/02/2009	Common Stock	75,000	\$0	75,000	I	By spouse
Employee stock option (right to buy)	\$7.16	12/14/2012		G	V		75,000	(2)	09/02/2009	Common Stock	75,000	\$0	0	I	By spouse
Employee stock option (right to buy)	\$7.16	12/14/2012		G	V	75,000		(2)	09/02/2009	Common Stock	75,000	\$0	75,000	I	By trust ⁽¹⁾

Explanation of Responses:

- The shares and options are held by a family trust, of which the reporting person is trustee and the beneficiaries are the reporting person's children.
- The options were fully-vested as of September 2, 2012.

/s/ Matthew M. Mannelly 12/21/2012

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.